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# **HOW CAN I HELP?**



### Why is this important?

Money and the allure of buying things, or even saving as much as one can for oneself can sometimes cause more distress than happiness. Whereas giving, be it money or service, can often make a difference in the world and have a positive impact on both the receiver and the giver. This is why it is important to model donating as a favourable choice! Encouraging donating as a habit early in life inspires humanity. Having the compassion to care for others and making a positive difference in the lives of others can be more satisfying than using money to buy for oneself.

A person can really make positive differences to other people's lives! Make 'giving' a habit that lasts for a lifetime!

## **Music Video: Charity Story**

### PAGE 3



THE BAND MEMBERS all get some money for a concert they have just finished and are deciding what to do with it. Charity says she is going to save some, spend a little and donate the rest. She sees an issue on the news regarding hunger and decides to contribute in helping those in need. Next, the band reads about a drought and signs up for a charity walk. Although it is hard work, they raise money to help. She tells her friends that they can also donate their time, money and possessions to help others. As Charity cleans up her room, she finds things that she no longer uses, which could be of use to others. Next, we see the band working in a community garden to grow food for a food bank which they then help to distribute. Charity also spends time playing the keyboard for the elderly, giving books to kids and providing food to a family. The story ends with the band playing together at a charity concert which raises a record amount of money.



# **Do-Together Activity**

Activity Supplies: Camera/Video Camera & Notebook

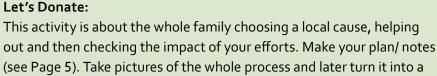
## DIGGUGG

Start this activity by watching this music video. Then ask the questions and discuss with your child(ren):

- What does it mean to 'Donate'?
- Why do you think it is important to donate?
- Have you ever seen anyone who needs help, money or your time / service? Who were they? What did they need? What did you do?
- How does it make you feel to buy a toy? How long does that feeling last? How does it make you feel to give something (money, time or items like toys) to someone else? How long does that feeling last?

## CREATE





- (see Page 5). Take pictures of the whole process and later turn it into a book, OR use a camera to make a video to share with others.
- 1. Define 'Donate': Donate is to give money, time or items for a good cause, for example, to a charity. Discuss what 'Donate' means and make a list of people or places in your community (neighbourhood, district, city) in need.
- 2. Choose a local person or organisation that needs assistance.
- 3. Make a plan to raise money, collect donatable goods or spend time with the person / organisation.
- 4. Go out and collect the money / goods. Spend the time. Or do both.
- 5. Deliver the money / goods and spend time with the person or organisation.
- 6. Follow up with whomever the money / goods were donated to or whomever the time was spent with. Determine what was done for them, how they felt and see whose life was impacted. If you can, keep tracking backwards to see how many people you have helped ultimately!

## REVIEW

Now that you have thought about charity, answer the following questions:

- Does 'Donate' mean the same thing to you now as it did before doing this activity? What has changed?
- Was the impact of your donation positive or negative for the person on the receiving side? What about the impact on you, the donor? How was it? Why?
- What was / were one or two of the most important things you learned from doing this activity?









## **Your Master Donation Plan**

Mark down your plan and notes onto the worksheet and don't forget to take pictures / videos and document the entire experience later!





As seen on



CARTOON NETWORK

We would love to hear your feedback. Visit our website and tell us about your experience with this activity and/or what you and your child(ren) learned from doing this activity.

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